# Three course culinary challenge for one worthy cause

If you're looking for a way to shake off the lockdown blues and start planning for that long overdue get together with those you've missed – then this is for you!

To further highlight this year's Breast Cancer Awareness Month, Breast Cancer Trials has launched an exciting new campaign to support research and clinical trials, which aims to ultimately bring Australia's breast cancer mortality rate down to zero.

As the country's largest breast cancer clinical trials research organisation, Breast Cancer Trials has launched the 3 Course Challenge, encouraging food lovers all over Australia to 'stay in and entertain' over the months of October and November.

Endorsed by celebrity chef Sarah Todd, a highly renowned Aussie chef that specialises in Indian cuisine, the 3 Course Challenge invites Australians to take on the challenge of cooking a three-course Indian feast to raise money for life saving breast cancer clinical trials research.

Sarah's own mum Lorraine was diagnosed with breast cancer at just 50 years old, so Sarah has personal experience and understands the impact of this disease, so is very motivated to make more research, treatment and cures possible.

To get involved in the fundraiser, invite your friends and family for a COVID-safe dinner party at home or at the park. Dinner party hosts will then reach out to their networks of family and friends to encourage them to donate to Breast Cancer Trials research.

Dinner parties can be held any time until November 30, and Breast Cancer Trials encourage participants to follow government restrictions and safety regulations pertaining to visitors in the home and gatherings in public areas.

Celebrity chef Sarah Todd's mum Lorraine was diagnosed with breast cancer at age 50, so Sarah is determined to raise funds for Breast Cancer Trials. (Supplied)

This is your opportunity to cook a delicious three course meal for your friends and family, whilst also supporting new research to save the lives of those diagnosed with breast cancer.

Nothing brings people together like the promise of a dinner party with delicious food! Plus, you'll be changing the future for people affected by breast cancer. Now that's worth cooking for!

**For more information or to register for the 3 Course Challenge, visit www.3coursechallenge.com.au**

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