# The ageing-in-place alternative you've been wanting

With only the minority of Australian seniors meeting the recommended level of physical activity, paying closer attention to health and wellbeing when reaching your senior years becomes increasingly important.

Maintaining resident independence is a key focus at rental retirement community, Ingenia Gardens Melton, where residents enjoy free access to a dedicated care co-ordination service.

Ingenia Gardens delivers great value rental options for independent seniors who are looking to downsize from their large family home to a more manageable space with minimal maintenance or who are simply searching for social connection with like-minded people.

"The fundamentals of safety, independence and flexibility are crucial for residents and our unique rental model is ideal for those searching for an alternative to traditional buy-in retirement villages or aged care facilities," says Ingenia Gardens Melton community manager Kim Gater.

"We have so many satisfied residents, who have expressed how reassuring it has been, knowing that there is a community manager and a group of neighbours looking out for you."

Besides participating in the regular fun activities, residents take advantage of the free care co-ordination service, Ingenia Care. The core focus of Ingenia Care is to connect residents with the assistance they need to improve their overall health and wellbeing, and in particular their independence to enjoy a better quality of life.

Ingenia Gardens Melton offers comfortable, convenient and cozy retirement living. (Supplied)

"Our residents are given the opportunity to get involved in community life through our activate social calendar. They also have the option of having meals in our community centre with other residents or in the peace and comfort of their own home."

Residents enjoy the freedom of ageing-in-place and the comfort of knowing that the Ingenia Care co-ordination team are there for them if they have questions about their government-funded care package or entitlements such as rent assistance, access to technology or wellbeing programs.

"Our residents love the fact they can come and go as they please, feel safe and secure and feel like they belong to a caring community."

Both single and couples units offer safe and comfortable features including security screens, ceiling fans and reverse cycle air conditioning, open plan living and dining, a large ensuite with non-slip flooring, grab rails and a walk in shower. A private courtyard and a refrigerator and microwave are provided for residents.

**Call community manager Kim Gater on 9746 8441 to arrange a virtual or personal tour or visit www.ingeniagardens.com.au.**


# Feel the warmth of *friendship*

**Enjoy the comfort of living in your own home within our welcoming independent seniors rental community.**

**Take a virtual tour today** or call our friendly Community Managers on **9747 9778** or **9746 8441** and discover why our residents feel so secure and connected.

TAKE A VIRTUAL TOUR NOW

23 COBURNS ROAD, BROOKFIELD
**ingeniagardens.com.au**

Ingenia Gardens
MELTON

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