Visit Gheringhap Medical Centre and Skin Clinic for all of your medical services under one roof. (Supplied)

All your medical needs

Gheringhap Medical Centre and Skin Clinic is an accredited GP practice, with the team striving to provide an exceptional patient experience and dedicated to providing patients with comprehensive services to benefit their health and wellbeing.

Services at Gheringhap Medical Centre and Skin Clinic includes general health management in the clinic and via telehealth services in family medicine, men's and women's health, family planning, child and adolescent health, chronic disease management, Aboriginal and Indigenous health, immunisations and dermatology.

The clinic also offers skin cancer checks and procedures, employment medical checks, medical and cosmetic aesthetic services, psychotherapy and clinical hypnotherapy.

Most skin cancers are highly treatable, especially when they are caught early, so having regular skin cancer screenings should be an important part of your healthcare routine.

The clinic's team of experienced practitioners are multi-lingual and come from a variety of background specialties, with a strong focus on high quality medical care and availability of same day appointments.

With an unparalleled commitment to patient satisfaction, it is this standard of excellence that has provided the impetus for Gheringhap Medical Centre and Skin Clinic to grow into the practice it is today.

The clinic has onsite nurses, pathology services and allied health care support for all patients' needs. Medicare rebates can also be processed for patients on site.

Gheringhap Medical Centre and Skin Clinic is located at 21a Gheringhap Street, Geelong. Opening hours are Monday to Friday, 9am to 5pm.

For more information about the clinic and its services, visit www.gheringhapmedical.com.au.

Healthy, delicious treats

DeTox Superfood Bar is serving up delicious acai bowls and super smoothies to Geelong and the Bellarine at its locations in Newtown and Leopold.

With superfood blends full of only the freshest, local and seasonal produce, (YUM!) all smoothies and acai bowls are vegan friendly, dairy free, and gluten free.

DeTox Superfood Bar offers customers quick and healthy food options on the go, with a mission to provide healthy fast-food alternatives available to everyone.

With dine-in options at the newest store in Leopold's Gateway Plaza, it's the perfect place for a catch up with friends or enjoy a post workout snack!

DeTox Superfood Bar is the brainchild of Ashleigh Robinson, a local nurse practitioner with a background in health and wellbeing. Ashleigh saw a gap in the market in the Geelong and Bellarine region where a lack of healthy, fast-food options were available.

Now, DeTox smoothies and acai bowls are all made to order in a healthier way, to retain all the fibre and nutrition from all the fresh ingredients. Known for its brightly coloured, fruit-decorated bowls, DeTox is bringing awareness about the powerful health benefits from the purple acai berry, and that healthy food options are delicious!

Acai bowl number three is a fan favourite – topped with house-made peanut butter, cacao nibs, strawberries and banana. Don't forget healthy snack options! Ultimate Avocado on toast, sweet toast number two with peanut butter, berry coulis and strawberries, and delicious homemade bliss balls are all available.

For store locations and more information, visit www.detoxsuperfoods.com.au

Superfood blends are full of only the freshest, local and seasonal produce while all smoothies and acai bowls are vegan friendly, dairy free, and gluten free. (Supplied)