Learning for the 21st century at Belmont High School

Belmont High School is a learning community for both students and adults.

Planning education opportunities based on research and best educational practice, learning is organised according to developmental needs and a belief that positive relationships are fundamental to success.

With a strong focus on wellbeing, Belmont High School promotes mental health, resilience, and a strong set of lifelong values, while providing outstanding opportunities and experiences across diverse interests.

On leaving school, students will be equipped for the challenges of the 21st century and thrive as active citizens and members of a proud community.

Belmont High School personalises learning for students by providing opportunities to:

Succeed – Students have access to an extensive range of high-quality learning programs and opportunities for acceleration.

Lead – Belmont High School provides opportunities for students to contribute to their school community through involvement in various leadership roles and responsibilities across the school.

Challenge – The school believes students should be challenged both in and out of the classroom. Offering an accredited Select Entry Accelerated Learning Program and other opportunities for enrichment and acceleration, students are excited, engaged and challenged.

Nurture – The school's house system provides identity and belonging, where senior students care for younger students. Developing opportunities for participation and leadership, students begin in the year 7 and 8 middle years program and are supported by a team of teachers who know and understand each individual student.

Participate – Students are encouraged to participate in an extensive co-curricular program such as academic competitions, music, sport, dance, drama, debating, outdoor adventure and overseas travel. Belmont High School regularly utilises its own school camp in the beautiful Otway Ranges.

Think Globally – Belmont High School's academic programs, overseas study tours, international student program and fundraising activities inspire its students to develop into global citizens.

Belmont High School personalises learning for students by providing opportunities to succeed, lead, challenge, nurture, participate and think globally. (Supplied)

Belmont High School is located at Rotherham Street, Belmont. For more information, phone (03) 5243 5355 or visit www.bhs.vic.edu.au.

Sustainability responsibility

Sustainability is a focus of many schools these days, with students often encouraged to engage in practices such as packing 'nude' lunches, recycling and switching off lights when not in use.

How can parents help encourage their kids to be sustainable students?

Here are eight tips from Sustainability Victoria:

1. Lunches – get the kids to make their own lunch and use containers suited to nude food, eliminating the need for disposable wrapping. If you do need to wrap, reusable beeswax wraps can be used. Find out about them online or do a course on making them at your local neighborhood house or community arts centre.

2. Make your own snacks – despite what they say, many kids have plenty of time on their hands. Teach them to make their own muesli bars and other snacks. Be patient, it's a great life skill. They will learn to be more independent and have fun doing it!

3. Get more value – use the 'Love Food Hate Waste' website to get great recipes to use last night's leftovers in exciting ways for school (and work) lunches.

4. Use what you've got – save money by digging out pens, pencils and other consumables from drawers, cupboards and bags, rather than buying new ones. Many stationery makers also have a range of notebooks made from recycled paper.

5. Textbooks and uniforms – most schools have secondhand book and uniform shops, but your local op shop is also worth trying. Many high school English and literature books are available for free on Kindle. For other subjects, ask teachers what the difference is with this year's version of a textbook compared with last year's, as the older edition may still be suitable.

6. Walking or riding to school is a great way to stay fit. It saves fuel and reduces vehicle pollution and traffic jams at the school gate. Otherwise, park a short distance from the school and walk with the kids and use it as an opportunity to teach road rules. Catching the bus may also be an option.

7. Buying a desk, bookcase or filing cabinet? Second-hand office furniture shops often have very modern goods at a much better price than new and they will last. It is also worth checking out Facebook Marketplace for some great quality bargains.

8. Ask your school to join the ResourceSmart Schools program offered by Sustainability Victoria. Supporting schools within the state to embed sustainability measures across the school facilities, community and curriculum, once a school joins the program, it will have access to an online portal to learn and practice ways of integrating sustainability while also saving resources and money for the school.

For more information and ways to have a positive impact on the environment, visit www.sustainability.vic.gov.au.

Teaching your kids about sustainability and the environment will have a positive impact on the environment and their future. (iStock)