Visit Detox Superfood Bar for a healthy and guilt-free takeaway meal! (Supplied)

Delicious dishes at Detox

Detox Superfood Bar serves up delicious and nutritious acai bowls and super smoothies, brightly coloured and scattered with fresh fruits, granola and handmade peanut butter.

Detox Superfood Bar offers raw treats and has recently introduced the classic avocado on toast to the menu, as well as a variety of delicious sweet toasts.

Detox Superfood Bar's flagship Newtown location has operated for five years, while the newest store in Leopold recently celebrated its first birthday.

With 12 years of experience in business and a background in medical aesthetics services, director Ashleigh Robinson has a passion for health and wellness. After identifying a gap in Geelong's market of healthy takeaway food options, Ashleigh was encouraged to start her Detox Superfood Bar.

"In business, I'm driven by being able to have a space to be creative and an opportunity to push myself in new directions," Ashleigh explains.

"We were the first acai shop in Geelong offering healthy takeaway options on the go - our shop stands out with hot pink tiles which match our bright bowls and smoothies. You can't miss us!"

Ashleigh explains her proudest achievements are maintaining her acai business and medical aesthetics business through COVID, as well as branching out from her comfort zone to start Detox Superfood Bar. She now manages 20 employees within her successful business ventures.

Detox Superfood Bar's Leopold location offers free acai bowl tastings each Friday at its acai cart for new customers to try acai!

1/346 Pakington Street, Newtown.
Shop G20 Gateway Plaza, Leopold.
Phone 0433 735 140 for more information,

For all your GP needs

As a private GP clinic, Gheringhap Medical Centre and Skin Clinic (GMCSC) provides a wide variety of health and medical services. Proud to deliver the highest standards of care, GMCSC creates an environment where clients feel reassured, confident and informed during their entire experience.

Services at GMCSC include general health management in the clinic and via telehealth services in family medicine, men's and women's health, family planning, child and adolescent health, chronic disease management, Aboriginal and Indigenous health, immunisations, dermatology and intravenous (IV) iron infusions for clients suffering from iron deficiency and anaemia.

By flipping the healthcare continuum model from reactive to preventative, GMCSC aims to reengineer how people engage with their care.

The clinic also offers skin cancer checks and procedures, employment medical checks, psychotherapy, clinical hypnotherapy, and medical and cosmetic aesthetic services.

These non-surgical cosmetic treatments for men and women include cosmetic injectables, laser treatments, medical grade skin treatments, weight loss services and body sculpting, with a focus on a natural, healthy look provided in clinical conditions.

The clinic has onsite nurses, pathology services and allied health care support for all patients' needs. Medicare rebates can also be processed for patients on site, while bulk billing is available for pension card holders, veterans, Aboriginal and Torres Straits Islander people and aged children 16 years and younger.

Gheringhap Medical Centre and Skin Clinic is located at 21a Gheringhap Street, Geelong.

Opening hours are Monday to Friday, 9am to 5pm. For more information about the clinic and its services, visit www.gheringhapmedical.com.au.

Gheringhap Medical Centre and Skin Clinic provides a range of services, including general health management, medical aesthetic services and skin checks. (Supplied)