Creative Dental Haus is locally owned by Geelong West resident and principal dentist Dr Andrew James. (Pictures: Supplied)

Luxury dental experiences

Creative Dental Haus is a new state of the art clinic giving clients a family dental experience like no other in the Geelong region. With the ambience of a day spa, patients can feel comfortable while enjoying a moment of self-care.

Listen to calming music played throughout the practice, grab tea or a coffee from the coffee machine or stream television from the comfortable couch.

Creative Dental Haus is locally owned by Geelong West resident and principal dentist Dr Andrew James, who has more than 16 years of experience in the dental industry.

Aside from client comfort, technology is the Creative Dental Haus' most important aspect. As such, the clinic has been designed around this concept, with convenient, same-day dentistry and digital dentistry making treatment more affordable.

Offering patients all aspects of general dentistry as well as treatments such as dental implants, full dentures, partial dentures, composite veneers, digital dentistry, gum lifting and porcelain veneers plus much more.

The clinic is offering new patients a comprehensive full mouth check up, complete set of bitewing X-rays, a scale and polish, remineralising treatment and oral hygiene instructions for only $180 for adults, and $120 for children.

Also available is the Philips ZOOM in-chair teeth whitening special at $399 and take-home ZOOM whitening at $320.

All patients and their stories are unique, and their treatment is specifically tailored to them.

Creative Dental Haus is located at Shop 3/96 Pakington Street, Geelong West. For more information, visit www.creativedentalhaus.com.au or phone (03) 5222 6656.

Keep an eye on glaucoma

Glaucoma is a common eye problem that causes vision loss and, if untreated, can cause blindness.

Usually the deterioration is very gradual and not noticeable, so regular eye examinations are recommended for people from middle age.

Once detected, glaucoma can be treated to prevent or delay further vision damage. Unfortunately, while it can be managed, glaucoma can't be prevented.

Though it can be managed, glaucoma is not a reversible disease and steps should be taken to care for your eyes. (iStock)

Glaucoma symptoms

Most people with glaucoma have few to no symptoms until their eyesight is damaged.

People with angle closure glaucoma can get blurred vision, pain and a red eye, and might see haloes around bright lights.

They can also feel nauseous, with headaches and vomiting. This is an emergency and you should seek treatment straight away so you don't lose vision.

Who is at risk?

You are at higher risk of developing glaucoma if you:

- have a close relative with glaucoma
- have high eye pressure
- are over 50
- are short-sighted or long-sighted
- use cortisone (steroid) medications for long periods
- have diabetes
- have high or low blood pressure
- have migraine headaches
- have had an eye operation or eye injury

How is glaucoma diagnosed?

An optometrist or ophthalmologist (specialist eye doctor) can detect it early on if you have regular eye examinations every two to three years.

They will look at the nerve fibres and the structure of the eye drainage network, test the field of vision and measure the eye pressure. This examination will take 20 to 45 minutes.

If you are of African or Asian descent, these regular examinations should start at age 40. Otherwise, you should start them at age 50.

How is it treated?

If you have angle-closure glaucoma, treatment will need to be provided quickly to reduce the pressure. This may be done with eye drops or intravenous medication. You may also need surgery.

Nerve cells damaged by glaucoma can't be repaired. Treatment is designed to prevent or slow further damage, mainly by reducing the pressure in the eye. This involves:

- eye drops or medicine
- laser surgery or other surgery to open or create a new drainage channel

Glaucoma surgery is usually a day or outpatient procedure. You might have a local anaesthetic (such as eye drops) or a general anaesthetic. Your surgeon will explain to you the preferred type of surgery and anaesthetic for your condition.

Source: www.healthdirect.gov.au

CREATIVE
DENTAL
HAUS

The Home of Dentistry in Geelong

> General Family Dentistry
> Children's Dentistry
> In-Chair Teeth Whitening
> Cosmetic Dentistry
> Dental Implants
> Dentures

New Patient
SPECIAL OFFER
$180
Comprehensive full mouth check-up, clean & x-rays

Call now
03 5222 6656
Shop 3/96 Pakington St, Geelong West VIC 3218
Follow us on
Book online
creativedentalhaus.com.au

12552916-NG22-22

We believe your health is a joint venture.

Epworth for orthopaedic care. Epworth for life.

Ask your GP for a referral to an Epworth specialist in Geelong or Melbourne. epworth.org.au

Epworth

12552176-DL22-22